



1st Fressingfield Scout Group

Yoxford and Peasehall School Section

Programme of activities Autumn (1) 2022

<u>Yoxford and Peasehall</u>	<u>Learning Pi</u>
1315: Assemble and flag break 1330: Session one 1410: Break 1420: Session two 1500: Flag down and dismissal	

Badges:



Beavers are working toward their **Health and Fitness** badge.



Cubs are working towards **Chef** badge

DATE	SECTION	ACTIVITY	Notes	Curriculum Links	Links to Learning PI
9/9	Beavers	Welcome back and get to know you games. Code of conduct: what is expected of a beaver and how to be prepared.		PSHE - Rules and responsibility	Respectful active citizen: Taking responsibility for your own actions.



1st Fressingfield Scout Group

Yoxford and Peasehall School Section

					Curious: Getting to know others in the group and being curious about each other's interests.
	Cubs	Welcome back and get to know you games. Code of conduct: what is expected of a beaver and how to be prepared.		PSHE - Rules and responsibility	
16/9	Beavers	Bee activities and learning about health and fitness.	https://www.scouts.org.uk/activities/waggle-dancing/	PSHE-About what keeping healthy means; different ways to keep healthy. Science - That exercise is important to stay healthy.	Adaptive: Participation: Having a go when it looks difficult.
	Cubs	Learn about the risks when cooking		PSHE - hazards (including fire risks) that may cause harm, injury or risk in the home and what they can do to reduce risks and keep safe PSHE: To predict, assess and manage risk in different situations.	



1st Fressingfield Scout Group

Yoxford and Peasehall School Section

23/9	Beavers	Roll the dice game. choose as a team what we could adapt the game to include.	https://www.scouts.org.uk/activities/let-the-dice-decide/		Participation: Making sure you all join in the activities. Collaborative: Working collaboratively.
	Cubs	Learn about the food groups and balanced diets and plan a meal that is balanced		Science - That eating the right amounts and types of food is important to stay healthy	
30/9	Beavers	Learn to find your heart rate and measure it before and after exercise.	https://www.scouts.org.uk/activities/heart-rate-relay/	Science - That exercise is important to stay healthy. PSHE - How physical activity helps us to stay healthy; and ways to be physically active everyday	Participation: Having a go when it looks difficult. Community engagement: Fundraising with the local community.
		Explore cooking utensils and how to use a tranga		PSHE: To predict, assess and manage risk in different situations.	
7/10	Beavers	Design and play a game of the human fruit machine	https://www.scouts.org.uk/activities/human-fruit-machin	Science - That exercise is important to stay healthy. PSHE-How physical activity helps us to stay healthy; and ways to be physically active everyday	Determined and resilient: Trying new things and using different ways to problem solve. Collaborative: Working together to play fairly.



1st Fressingfield Scout Group

Yoxford and Peasehall School Section

	Cubs	Make your own pasta to cook at home			
14/10	Beavers	Cooking healthy eating and campfire cooking.	https://www.scouts.org.uk/activities/human-fruit-machine	Science - That eating the right amounts and types of food is important to stay healthy	Risk taker: trying new foods. Participation: Joining in with the preparation of food for others.
	Cubs	Cook a meal on Trangia's		Science - That eating the right amounts and types of food is important to stay healthy	
21/10	Beavers	Halloween crafts and games TBC			
	Cubs	Halloween games and activities			